Having a Fun Holiday

The holiday season is here! The holidays can be a fun time of year. It is magical! You get to spend time with your family and friends. Here are some fun activities you can do to celebrate the holidays!

Do something kind

Remember that spreading kindness is the best way to share holiday cheer. You can do this by: helping clear the dinner table, helping younger siblings get ready, sharing toys, saying thank you or being kind to someone when they need a friend.

Host a game night

Gather everyone together for a fun night of activities. There are so many options: challenge your family to your favorite board game, have an indoor snowball fight using cotton balls, play musical chairs with holiday music, have an indoor ice-skating sock race or do holiday charades with friends.

Enjoy the outdoors

Winter is not a time to just stay indoors. Go out and enjoy the snow with sledding, snowboarding, skiing or building a snowman. You could even go on an evening walk with an adult to see the light displays and decorations. In order to be safe in the winter, make sure you dress in layers, wear your hat and gloves and have something warm to drink when you come inside.

Cook together

Having an extra hand in the kitchen is never a bad thing. Ask an adult if you can help cook for the holiday gatherings. Cooking is a great way to practice math, show off your reading skills and do cool science experiments in the kitchen.

Have a movie night

Sometimes the holidays can be busy and seem crazy with events. Take some time to just relax and enjoy the magical season. Make some popcorn and put on your favorite holiday movie.

Make holiday cards

Make handmade holiday cards for your family and friends. It is a great opportunity to showcase your creativity with pictures and make the ones you love smile when they see your hard work.

For more information contact Vicki R. Boggs, Leslie County Agent for 4-H Youth Development Education at (606) 672-2154. REFERENCE: www.ca.uky.edu/HEEL/BulletinsDecember2017
WHAT’S COMING UP IN LESLIE COUNTY 4-H

December 14th
4-H Teen Leaders Meeting - 3:30 p.m.
Bring a $10.00 gift for a gift exchange and wear an ugly sweater for a contest.

-----------------------------------------------------------------------------------------------

4-H Mountin' Tops Horse Club Meeting
December 18th at 5:00
At the Leslie County Extension Office

-----------------------------------------------------------------------------------------------

Leslie County 4-H Holiday Variety Show and Silent Auction
Friday December 1, 2017
(Following Parade of Lights) at the
Leslie County Extension Office 3rd Floor

Got Talent? Share it with us at the 4-H Holiday Variety Show!
Prizes for contest winners!
To sign-up for the show, call 672-2154. We will also be having a silent auction with all kinds of great items! Bring your family and participate in the fun!

-----------------------------------------------------------------------------------------------

Leslie County 4-H Craft & Holiday Bake Sale
Friday December 1, 2017
If you like crafting but don’t have an outlet for your items, then this is for you in conjunction with the Holiday Parade of Lights there will be a Holiday Craft/Baked Goods Sale at the Leslie County Extension Office. If you or someone you know is interested in setting up a table to sell crafts or homemade goodies please call the Leslie County Extension Office to reserve your spot, 672-2154. Craftsmen may set up beginning at 8:30am. Space is limited.
WHAT’S BEEN HAPPENING IN LESLIE COUNTY 4-H
4-H It’$ Your Reality 2017

4-H It’$ Your Reality 2017 partnership with Leslie County Schools enabled 113 sophomores and 122 eighth graders to participate in It’$ Your Reality. This 4-H program is an active, hands-on, real-life simulation which gives young people the opportunity to explore career opportunities and make lifestyle and budget choices similar to those adults face on a daily basis. Leslie County Schools 8th graders and sophomores participated in pre-event classroom lessons stressing that studying and making good grades is a wise decision and most often continuing post-secondary education means better paying jobs. We pretend that every student is 25 years old, and they are the “Sole” providers for their families. These lessons allowed each student to choose a career based on their aspirations, goals and grades! A special thanks to all who volunteered in hosting 4-H It’$ Your Reality 2017!

~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~

Teen Leaders Fall Art

Teen Leaders met at Leslie County Extension on October 27th to celebrate the Fall Season with their creative and expressive art work! Each of them created their own designs on the fresh cut local wood provided by Jim Estridge, 4-H volunteer. We appreciate our natural resources and using them to express ourselves through art and sharing them as window decorations is certainly enhancing our teen involvement. Volunteers are the heart of 4-H! We appreciate and are thankful for all volunteers! If you are a teen and would like to join us please feel free to call 672-2154 or come by anytime here at Leslie County Extension. You may also contact me by e-mail at vicki.boggs@uky.edu.
4-H Teen Leaders met Thursday November 16th celebrating the Thanksgiving Season! A business meeting was held electing officers and discussing many topics and upcoming events. Teens plan to continue their partnership in community service with Relay for Life with the up-coming Santa Candy Shoppe. Ending the evening was a family meal enjoyed by teens and their families while sharing a slide show of how 4-H GROWS HERE!

A special thanks to staff and families for volunteering and encouraging our youth to MAKE THE BEST BETTER!

Ghost Walk Fun!
4-H Teens and volunteers partnered with Leslie County Foundation and Hyden Citizen's Bank bringing back Ghost Walk. On October 28th Leslie County 4-H hosted the beginning and ending spot where lots of games, movies, concessions and family fellowship was enjoyed by many. Our event was a huge success with over 68 participants young and old! Thanks to our teens and volunteers for all of your work and support! #empowerky4-h

4-H In-School Enrichments Programs
4-H Science Exploring Animal Science and Circuitry

Throughout the month of October and November, 4-H Science programs were provided to 4th-6th graders in our elementary schools. October we shared programs on owl pellets. Each student had the chance to dissect an owl pellet discovering and exploring animal science along with what the owl eats. November is exploration of electricity and circuits. Each student learns the differences between open and closed circuits and series and parallel circuits by building their own circuits. Each group was able to build several different projects using snap circuits that illustrate different types of circuits. In the coming months we will experience and discover other fields of science reinforcing their learning!
**4-H the Color Wheel Creative Art Lesson**

The color wheel is a magnificent chart that shows the relationship of colors to each other. Each 4th grade student experienced the world of color as they painted their own barren tree to become the color scheme of their choice. They explored and blended primary colors to produce secondary colors. They applied many of the principles and elements of art as their paintings were created. Each class experienced warm and cool color combinations, different tints, shades and tones as their art work reflected their choice of color combinations. Good job 4th grade on your spectacular Creative Art work! A special THANKS to our teacher volunteers for joining in our lessons!

---

**4-H Art Program**

**Boomwhackers**

Fourth graders in all of our elementary schools enjoyed learning how to play Boomwhackers. Lots of tunes and songs were enjoyed as music filled the air with their creative expressions!

---

**4- H Cooking Club at Hayes Lewis Elementary**

On Wednesday, November 8, Leslie County 4-H sponsored a "Cake Pops" class at Hayes Lewis Elementary. Ms. Polly Wilson, teacher at Hayes Lewis Elementary School is our newest volunteer leading this after school club. The once a month 4-H Cooking Club is focusing on nutrition, food safety, and food preparation. Sarah Baker and Angel Lewis attended and prepared both chocolate cake bites and red velvet cake pops. The experience was YUMMY! Next month's meeting will feature how to build and decorate a "gingerbread" house. If you are interested in joining this new, fun after school experience please see Ms. Polly Wilson and sign up today. **Volunteers are the heart of 4-H!**

---

**4-H Mountin' Tops Horse Club**

held regular monthly meetings on October 23rd and November 20th here at Leslie County Extension at 5:00 p.m. Everyone gathered and had a fun and informative meeting. Angela instructed members on the parts of a western saddle on October 23rd and an English saddle November 20th. Congratulations and "Thank-You" Angela, you are a terrific leader! Clifford Hamilton who has been very active with our horse club has now become a Certified 4-H Volunteer Leader! "Thank-You" Cliff for your dedication and involvment with our Horse Club and helping us to make the Best BETTER! Our next monthly meeting will be celebrating the Holidays exchanging gifts and making horse treats! **COME AND JOIN THE FUN!** We welcome anyone is interested in becoming a 4-H member or volunteer! Please feel free to contact us anytime here at Leslie County Extension, 672-2154 or e-mail me at vicki.boggs@uky.edu. #EMPOWERKY4H